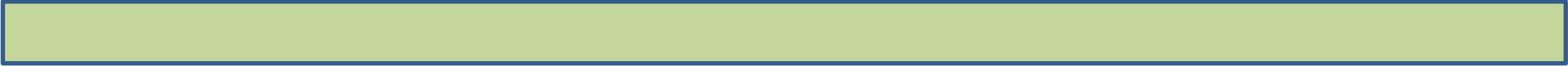


***Lincolnshire's Local Offer Plan for
the Extension of Personal Health
Budgets beyond Continuing
Health Care
2016 - 2020***



What is a Personal Health Budget?

A personal health budget is an amount of money to support a person's health and wellbeing needs, planned and agreed between the person and their local NHS team.

The Department of Health says: *“every person who receives support, whether provided by statutory services or funded by themselves, will have choice and control over the shape of that support in all care settings”*.

The Vision for Personal Health Budgets:

Is to enable people with long term conditions and disabilities to have greater choice, flexibility and control over their health care and support.

Services and support should be tailored to the needs of the individual, rather than delivered in a one-size-fits-all.

Personal Health Budgets - more than just money

People need:

- knowledge about how much money is available to them.
- good information, including examples of how other people have used money flexibly.
- a range of support to help them to plan and to put that plan into action.
- choice over the outcomes they want to achieve.
- clarity of the “framework” surrounding how they can use the money and
- a choice of ways in which to hold the money.

At the heart of personal health budgets is a care plan which makes use of both professional expertise and the knowledge and skills of the individual.

Who can have one?

Since **Oct 2014** people assessed as eligible for Continuing Health Care funding and children with Continuing Care (about 56,000 nationally) have the legal right to have a personal health budget.

Since **April 2015** people with long term health conditions who can benefit from a personal health budget, have been able to ask for one. This includes people with mental health conditions and learning disabilities.

Am I eligible?

In Lincolnshire we will initially be focussing on the following groups of people:

- People eligible for Continuing Health Care funding (CHC).
- People with a learning disability and complex health needs.
- People with funding from both health and social care.
- People with severe mental health problems and dementia.
- Children with complex health needs eligible for Continuing Care funding.

Based on between 2-3% of the current GP registered population in Lincolnshire (780,742) we think this means the following numbers of people who will take up a Personal Health Budget (but more people may ask for one)

	2016/17	2017/18	2018/19	2019/20	2020/21
Continuing Health Care	468	936	960	984	1,008
Learning Disability	117	273	324	336	348
Mental Health	156	312	468	624	780
Section 117 (MH)	14	42	70	98	126
Long Term Conditions	0	52	104	156	208
TOTAL	755	1,615	1,926	2,198	2,470

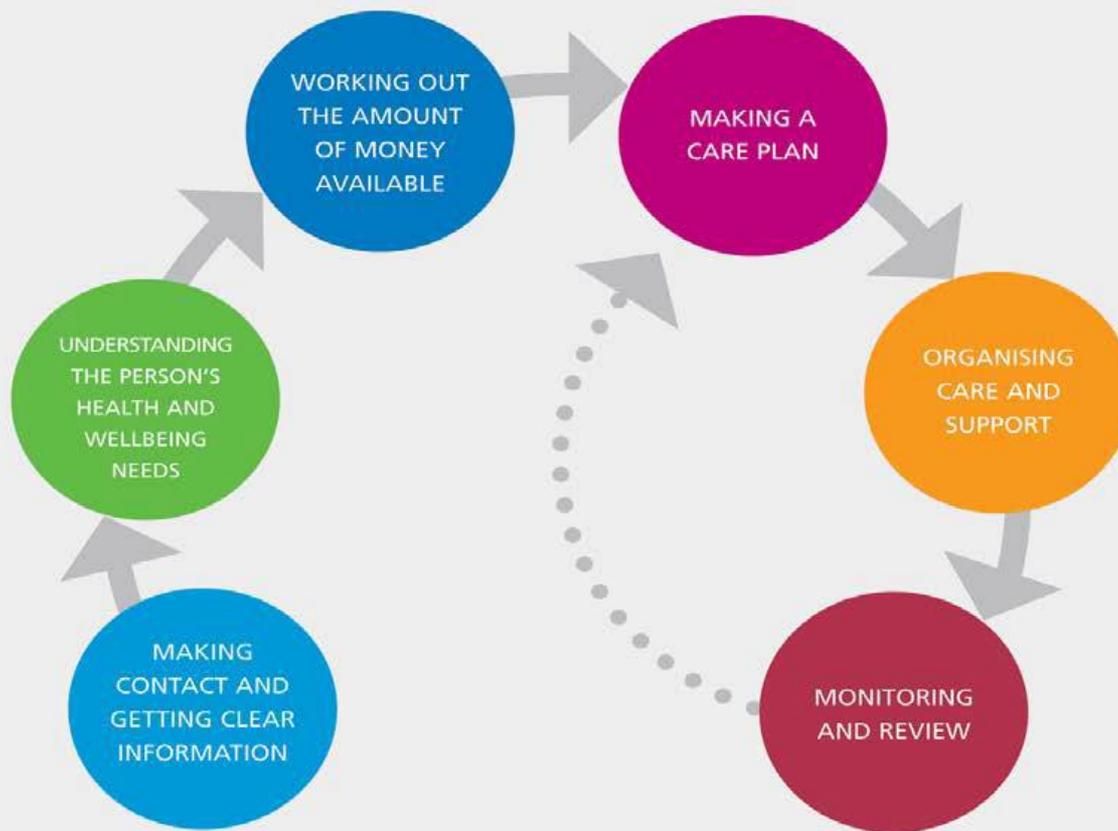
What will happen if I decide to ask for a Personal Health Budget?

Your health professional will be able to:

Work with you and provide information about how a personal health budget could be a good option for you. They will be able to help you with your plan or put you in touch with someone who can work with you and your carer to help develop this.

The following steps outline the process and the options for how you could access the funds that could be available to you.....

The steps of the personal health budgets process



The five essentials parts of a Personal Health Budget

The person with the personal health budget (or their representative) must:

- ✓ know how much money they have for their health care and support.
- ✓ be enabled to create their own care plan, with support if they want it.
- ✓ be able to choose the health outcomes they want to achieve.
- ✓ be able to choose how their budget is held and managed.
- ✓ be able to spend the money in ways and at times that make sense to them, as agreed in their plan.

CARE PLAN

At the heart of a personal health budget is a care plan, developed by an individual in partnership with their healthcare professional

Notional budget:
the money is held
by the NHS

Third party budget:
the money is paid to
an organisation that
holds the money on the
person's behalf

**Direct payment
for health care:**
the money is paid to
the person or their
representative



What we are doing to help deliver Personal Health Budgets...

- ✓ Raising awareness and reaching out to those who are eligible for a personal health budget.
- ✓ Health and social care are working in partnership with our voluntary sector colleagues.
- ✓ Working with an initial small group of people who wish to help us develop this new way of working, so we can understand what works well and what we need to improve on.
- ✓ Providing training and support to our workforce on person centred support planning.
- ✓ Engaging with local support providers to ensure they are delivering personalised support to the people who use their services.
- ✓ Working with finance colleagues to help understand the costs of current services.
- ✓ Understanding which budgets we can release funding from and those we need to continue commissioning, to ensure appropriate services are available to those who need them.

How to get in touch to learn more about Personal Health Budgets

You can ask your health professional

or email: PHBLincs@nhs.net

or call us on: 01522 554101